

# **ORGANISATION OF EXTENSION LECTURE SERIES**

**PAC 16.53**

Year - 2019-20

विद्यया ऽ मृतमश्नुते



**एन सी ई आर टी  
NCERT**

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Programme Coordinator

**REGIONAL INSTITUTE OF EDUCATION (NCERT),  
BHOPAL**

## **Organization of Extension Lecture Series**

Education is a vast field. It has got many dimensions and aspects related to it. Today's world is fast growing and changing. The speed of change is miraculous. Social change is inevitable. Schools are miniature society. It reflects the kind of social structure we have in a society. Therefore society in education should complement each other. There are many new pedagogies are coming up in teaching-learning process. Along with new pedagogies we also need to look into the traditional pedagogies to bring the best from the past in teaching-learning process.

There is a need to initiate dialogue among educational functionaries on new trends as well as national priorities in school education and teacher education accordingly. The deliberations by the academicians/ scientist/ social scientist will generate thinking leading to discussion in qualitative improvement of school education.

Under the Extension Lecture Series programme three lectures were organized in the Institute. The first lecture was delivered by Dr. M.A. Sudhir, UGC Emeritus Professor and Former Head & Dean, Applied Research, Gandhigram Rural Institute-Deemed University, Gandhigram on 17<sup>th</sup> February, 2020 on "**Teacher Education: A Gandhigram Experience**". In his talk he shared his experience about Gandhigram's Teacher Education programme. He also shade light on the Internship activity and different pedagogical practices on Teacher Education programme in Gandhigram Rural Institute.

The second lecture was organized on the occasion of Women's Day 8<sup>th</sup> March, 2020. The resource person on this occasion were Dr. Geeta and Dr. Deepshikha from Pt. Khushilal Sharma Ayurvedic Hospital, Bhopal. Dr. Geeta explained the importance of Ayurved in our life. She also explained that Ayurveda is deeply connected to nature and human life. Dr. Deepshikha suggested some Ayurvedic medicines for boosting our immunity in the context of COVID-19.

The third lecture was organized on 9<sup>th</sup> March, 2020 for orienting students about COVID-19. In which the Medical Incharge of the dispensary of RIE, Bhopal and Prof. N. Pradhan, Principal, RIE, Bhopal interacted with the students and they provide relevant information and precaution measures related to COVID-19.

## 1<sup>st</sup> Extension Lecture Series

### *"Teacher Education: A Gandhigram Experience"*

**Speaker** : Dr. M.A. Sudhir, UGC Emeritus Professor and Former  
Head & Dean, Applied Research,  
Gandhigram Rural Institute-Deemed University,  
Gandhigram

**Date** : 17<sup>th</sup> February, 2020

**Venue** : RIE, Bhopal

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**Unique Practice in Teacher Education**  
**SHANTI SENA**  
**The Peace Brigade in Gandhigram Rural Institute**



**Prof. M.A. Sudhir,**  
**Gandhigram Rural Institute,**  
**Gandhigram, Dindigul 624 302,**  
**Tamil Nadu**

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## Introduction

*“Education means all-round drawing out of the best in child and man - body, mind, and spirit”.*

*- Mahatma Gandhi*

- Education – For Harmonious and holistic **development**
- **Education – For Truth and Non-violence**

6/18/2020

P.S.Sreedevi

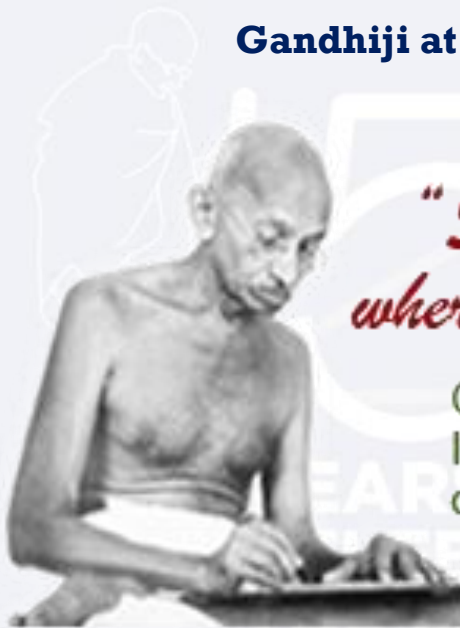
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## Gandhiji at Gandhigram

*“Success attends  
where Truth Reigns”*

Gandhiji's Message at the  
Inaguration of Gandhigram  
on 7th October, 1947



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## **Gandhigram Rural Institute (GRI) – Deemed to be University**

- GRI was founded in 1956, with undying faith and deep devotion to Mahatma Gandhi's revolutionary concept of '*Nai Talim*' system of education.

### *Founders of Gandhigram*



**Dr.G. Ramachandran Dr.T.S. Soundaram**

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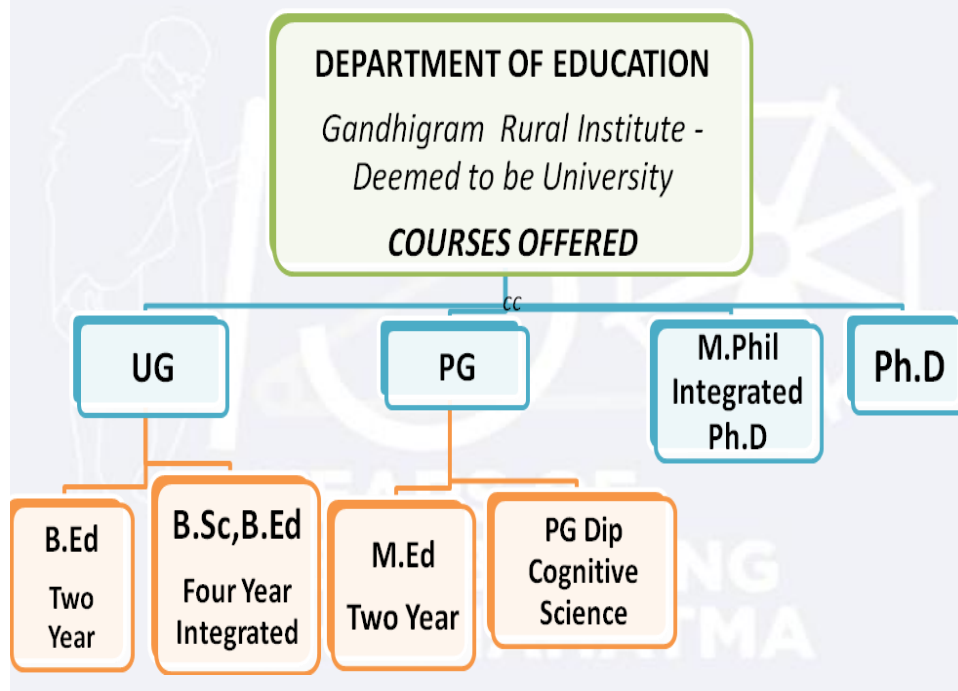
## **Department of Education**



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## Department of Education, GRI

- The Department of Education, The Gandhigram Rural Institute is a Teacher Education Department with reputation as a leading centre for Teaching, Training, Educational Research and Extension. The department offers the degree courses, such as, B.Ed., B.Sc.,B.Ed., (Four Year Integrated from 2018), M.Ed., Ph.D., with the NCTE-SRC under the Choice Based Credit System.



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Cont.,

- The Gandhigram Rural Institute (GRI) is granted with recognition by the NCTE to offer the B.Ed Integrated Course under the Choice Based Credit System (CBCS) from the year 2003-2004, onwards. The Department also offers M.Phil –Ph.D Integrated Programme and PG – Diploma in Educational Cognitive Science from 2018-19 onwards.

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Cont.,

The GRI is granted with recognition by the NCTE to offer the M.Ed Degree course under the Choice Based Credit System (CBCS) 2008-2009 onwards. The students are admitted to the M.Ed Programme through an all India entrance examination conducted at Gandhigram Rural Institute.



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Cont.,

- Department of Education, GRI offers the Research programmes - Doctor of Philosophy (Ph.D) from 2010 -2011 onwards and also offers the Integrated M.Phil-Ph.D from 2018-19 onwards. The Department of Education so far produced 14 batches of B.Ed Teacher Trainees and 09 batches of M.Ed scholars.

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## Nonviolence a Gandhian Weapon

*“Nonviolence is not merely a personal virtue. It is also a social virtue, to be cultivated like other virtues.”*

*“Non-violence is a plant of slow growth. It grows imperceptibly, but surely.”*

*- Gandhiji*



## Shanti Sena @ GRI

- GRI has always been a **testing ground** for many **Gandhian experiments**,
- Shanthi Sena, (**Peace Corps**) in GRI was established in **1958**.
- The founding father of GRI, **Dr G. Ramachandran** **resisted all attempts** made by State and Central governments to introduce **N.C.C (National Cadet Corps)** the para-military training for students.

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## Uniqueness

**GRI is the first and only Educational Institution across the Globe having Shanti Sena.**

## Objectives

- To inculcate the youth faith in **Non-violence** and **Moral Law**
- Love for **Voluntary** service
- To inculcate faith in the dignity of **Manual Labour**.
- To train well-disciplined Non violent soldiers to meet emergency situations.

## Dress Code

### Khadi Dress

- For Boys white Pant and white shirt
- For Girls white saree and blouse
- White khadi Cap for both

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## Qualification for a Shanti Sainik

- A living **faith in non-violence**
- **Equal regard for all the religions** of the earth
- Ability to **work in group or single**
- **Contacts and personal service to the local people**
- **Strict impartiality**
- **Voluntary participation and immediate action**

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## Academic Programmes

- **Orientation Classes**
- **Brain Storming Sessions.**
- **Special Lectures**
- **Group Discussions and Debates**
- **Workshops and Seminars**

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## Teacher Education Sainiks



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## Tarun Shanti Sena

Tarun Shanti Sena is an innovative Programme established in two villages as experimental basis to create a value based, peaceful and non violent society among the youth and the Public.

- Attempted a Venture of **Tobacco Free Villages** at Kootham Patti and Achipuram.
- **Mobile Exhibition** on Gandhian Values
- Conducted **sports for school children** and youth

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## Campaign on Tobacco Free villages and Mobile Exhibition by Tarun Shanti Sena



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## Research Oriented Action Programmes



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## Activities of Shanti Sena



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## Youth Parliament & Group Discussion



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## Trekking, Yoga and Meditation



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## Skill Training Programmes



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## Life Skill Training for Shanti Sainiks



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## All India Students Camp @ Institute of Gandhian Studies Wardha



## Value Based Courses and Inter Religious Prayer



## Shanti Sena Day & Prabhat Ber



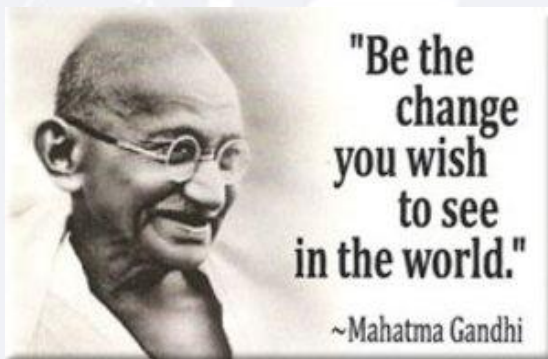
## Awareness creation Rallies / Campaigns on various social issues.



# Shanti Sainiks



*Thank You...*



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## Glimpses of the Programme



Lamp lighting by Dignitaries



Welcome Address by Prof. I.B. Chughtai, Principal, RIE, Bhopal



About the Programme by Dr. Sarika C. Saju, Programme Coordinator



Talk by Prof. M.A. Sudhir, UGC Emeritus Professor and Former Head & Dean, Gandhigram Rural Institute-Deemed University, Gandhigram



Prof. Praveen Kulshreshtha, Head, DEE, RIE presenting memento to the speaker



Vote of Thanks by Prof Praveen Kulshreshtha, Head DEE, RIE, Bhopal

## 2<sup>nd</sup> Extension Lecture Series

### *"Importance of Ayurved in our life"*

- Speaker** : Dr. Geeta, Pt. Khushilal Sharma Ayurvedic Hospital, Bhopal  
Dr. Deepshikha, Pt. Khushilal Sharma Ayurvedic Hospital,  
Bhopal
- Date** : 8<sup>th</sup> March, 2020
- Venue** : RIE, Bhopal

#### **Introduction:**

In the discussion importance of ayurveda in today's time was highlighted. As we are aware about the coronavirus; it is a worldwide epidemic. People are in a panic and this is a very critical time.

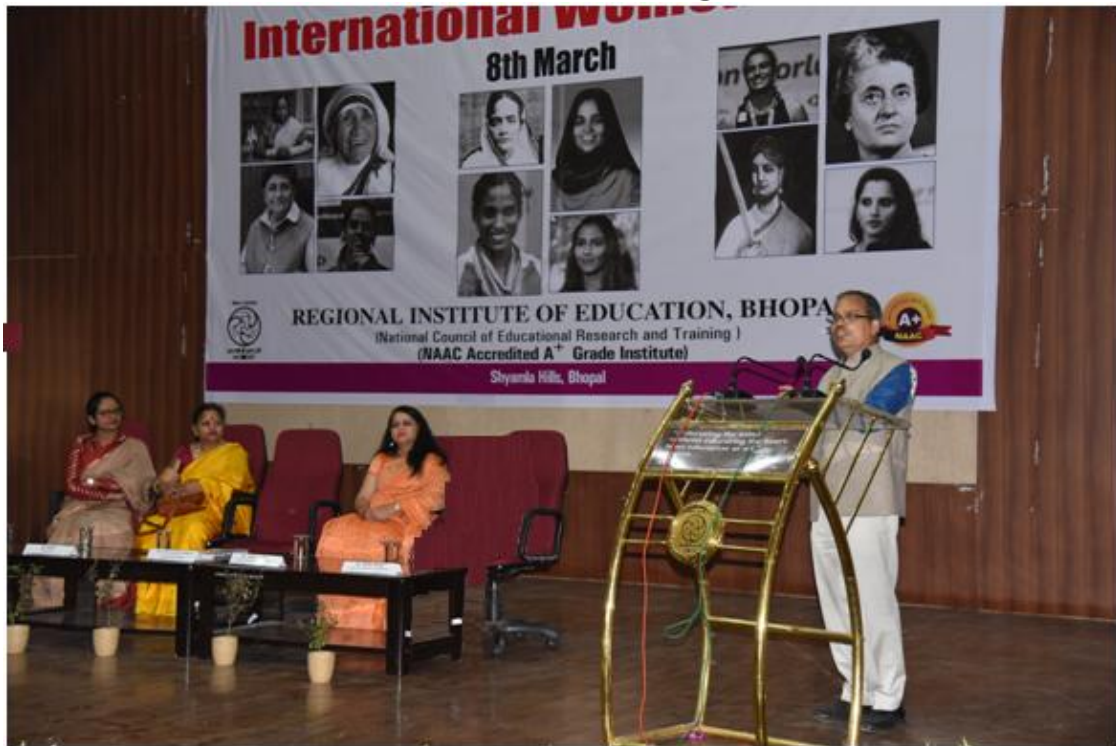
This is a period to go within so we can follow our dinacharya [daily routine]. Have ginger, cinnamon and cardamom tea, regular chai made with tulsi (holy basil, one or two leaves), or even mint, cinnamon and cardamom tea. These herbal teas boost energy.

The Resource Persons also explained that Ayurveda is deeply connected to nature and human life. Dr. Deepshikha suggested some Ayurvedic medicines for boosting our immunity in the context of COVID-19.

They also suggested doing Yoga and Pranayam for boosting your energy level and humanity system. This way we can clean our prana vaha srotas, our respiratory system and it will give us a boosting of energy so that we can keep away the virus. Another interesting health supporting practice is to do some yogasana whichever you find comfortable.



## Glimpses of the Programme



Welcome Address by Prof. N. Pradhan, Principal, RIE, Bhopal



Talk by Dr. Geeta, Pt. Khushilal Sharma Ayurvedic Hospital, Bhopal



Prof. N. Pradhan, Principal, RIE presenting memento to the speakers

## 3<sup>rd</sup> Extension Lecture Series

### *"Awareness and precautionary measures related to COVID-19"*

**Speaker** : Medical Incharge, Dispensary, RIE, Bhopal  
Cincinnati, USA  
**Date** : 9<sup>th</sup> March, 2020  
**Venue** : RIE, Bhopal

#### **Introduction:**

An orientation programme was organized for the students of the Institute to spread awareness and suggesting precautionary measures related to COVID-19.

You can reduce your chances of being infected or spreading COVID-19 by taking some simple precautions:

- Regularly and thoroughly clean your hands with an alcohol-based hand rub or wash them with soap and water. Why? Washing your hands with soap and water or using alcohol-based hand rub kills viruses that may be on your hands.
- Maintain at least 1 metre (3 feet) distance between yourself and others. Why? When someone coughs, sneezes, or speaks they spray small liquid droplets from their nose or mouth which may contain virus. If you are too close, you can breathe in the droplets, including the COVID-19 virus if the person has the disease.
- Avoid going to crowded places. Why? Where people come together in crowds, you are more likely to come into close contact with someone that has COVID-19 and it is more difficult to maintain physical distance of 1 metre (3 feet).
- Avoid touching eyes, nose and mouth. Why? Hands touch many surfaces and can pick up viruses. Once contaminated, hands can transfer the virus to your eyes, nose or mouth. From there, the virus can enter your body and infect you.
- Make sure you, and the people around you, follow good respiratory hygiene. This means covering your mouth and nose with your bent elbow or tissue when you cough or sneeze. Then dispose of the used tissue immediately and wash your hands. Why? Droplets spread virus. By following good respiratory hygiene, you protect the people around you from viruses such as cold, flu and COVID-19.

- Stay home and self-isolate even with minor symptoms such as cough, headache, mild fever, until you recover. Have someone bring you supplies. If you need to leave your house, wear a mask to avoid infecting others. Why? Avoiding contact with others will protect them from possible COVID-19 and other viruses.
- If you have a fever, cough and difficulty breathing, seek medical attention, but call by telephone in advance if possible and follow the directions of your local health authority. Why? National and local authorities will have the most up to date information on the situation in your area. Calling in advance will allow your health care provider to quickly direct you to the right health facility. This will also protect you and help prevent spread of viruses and other infections.
- Keep up to date on the latest information from trusted sources, such as WHO or your local and national health authorities. Why? Local and national authorities are best placed to advise on what people in your area should be doing to protect themselves.

### **Advice on the safe use of alcohol-based hand sanitizers**

To protect yourself and others against COVID-19, clean your hands frequently and thoroughly. Use alcohol-based hand sanitizer or wash your hands with soap and water. If you use an alcohol-based hand sanitizer, make sure you use and store it carefully.

- Keep alcohol-based hand sanitizers out of children’s reach. Teach them how to apply the sanitizer and monitor its use.
- Apply a coin-sized amount on your hands. There is no need to use a large amount of the product.
- Avoid touching your eyes, mouth and nose immediately after using an alcohol-based hand sanitizer, as it can cause irritation.
- Hand sanitizers recommended to protect against COVID-19 are alcohol-based and therefore can be flammable. Do not use before handling fire or cooking.
- Under no circumstance, drink or let children swallow an alcohol-based hand sanitizer. It can be poisonous.
- Remember that washing your hands with soap and water is also effective against COVID-19.