

CHAPTER-V

**SUMMARY, CONCLUSION AND
EDUCATIONAL IMPLICATION**

5.0. Introduction

The previous four chapter dealt with the comprehensive methodology followed by the researcher in conducting the present study. Chapter one deals with the identification of the research problem and the research problem has been precisely defined in it. Chapter two deals with the review of the previous researches done in the field related to the variables of the present study. Chapter three deals with the methodology used for conducting the present study likewise chapter four deals with the data analysis and interpretation. Finally, fifth chapter provides an overall gist of the findings, conclusion and educational implication of the present research work in a comprehensive and systematic manner.

5.1. Findings:

- The secondary school class IX students possessed a moderate level of Emotional Maturity.
- A significant marked correlation was found between Emotional Maturity and Academic Achievement of Secondary School class IX Students.
- There existed a significant difference in the Emotional Maturity of Secondary School class IX Students with respect gender type.
- There existed no significant difference between male and female students with regard to emotional maturity.

5.2. Conclusion:

From the above said findings, we can conclude that the boys' students are different on emotional maturity as compared to girls' students. The girls' students show better academic achievement as compared to boy's students. The development of any country requires integrated personality of younger generation. Based on the finding and discussions, it could be concluded that we must develop a positive attitude, emotional stability among secondary level students and aspire them for good academic achievement. In the context of liberalization, privatization and globalization of education, a healthy, productive, creative and innovative education is the need of the hour. The education system relies on the future Teachers. Teachers are the persons who could develop and mold the students as a good citizen and make them emotionally matured to hold the responsibility on their shoulders for developing their nation. The younger generation should be

emotionally stable and confident to excel in their academic performance and enhance life skills to face the problems in future. It is the responsibility of the teachers and the school administrators to create a better learning environment that arouses students' interest to achieve higher goals and they should ensure transfer of emotional intelligence into academic performance, critical and creative thinking.

5.3. Educational Implications:

Emotional maturity needs to be focused in our school education along with the curricula that has been set. The reason being the result of this study showing that the effects of type of gender and achievement on emotional maturity. Our curricula can be designed so as to incorporate methods and ways to improve emotional maturity of the students. The students in their day-to-day life may come across varied situations where they have to fight against the stress causing stimuli or take a flight away from the said stimuli. In both the cases, the student has to take it in a positive way and deal with it and also not be drained by the situation. It requires greater emotional maturity on part of the student. Hence, the curriculum can imbibe real life situations as models to make the students learn to deal with the situation and hence deal in an emotionally mature way.

The effect of gender on emotional maturity cannot be ignored; hence programs that involve both males and females to gain knowledge on conditions that may arise due to which one might face emotional imbalance, and hereafter what steps should be taken so that it will have minimum effect on emotional balance. The two groups can be separated to know who has higher and lower emotional maturity and the group having lower emotional maturity can be reinforced with the similar or different conditions and how one could react and behave in that condition. Furthermore, gender disparity and gender stereotypes need to be discouraged as both are equal competitors in all spheres of life. Equal opportunities and attention should be extended to them in every aspect of the educational framework.

Students need to understand themselves and their emotions. They need to recognize the situations in which they cannot handle themselves and how they can be more aware of those situations. After the recognition of situation, the student can find out the appropriate way of reacting in that condition and also how to keep themselves calm throughout. This can be by consulting elders, teachers and parents and

sometimes even their peer groups. They also need to understand the emotions of the other person.

Academic achievement being the determinant along with other factors, of emotional maturity can be taken into consideration. All the students can discuss the ways in which they think, handle situations, deal with the stress causing stimuli so that all can benefit from it. Peer group learning can benefit the maximum as they share similar age group and interests.

Guidance and counseling services can be initiated to sensitize the students to understand their emotions, deal with them effectively and understand the emotions of others. The students having poor performance or the students who have behaviour problems can be guided to channelize their emotions in a positive way, to express themselves so that the problem can be solved. Proper counseling and suggestions can be given so that they can overcome their problems.

Parents and teachers should encourage all the students to express themselves and share their opinions, viewpoints, problems they face. They should extend undue love, care and attention and should assure of their child's growth and academic success and also their emotional balance and health. They should spend more time with the children, interact with them and provide a favourable and conducive environment for their emotional development so that the child can act according to the need of the hour.

- By identifying students suffering from emotional immaturity, teachers and guidance personnel can provide special measures to overcome emotional disturbances and direct the students to proper scientific study habits leading to better achievement.
- The parents should assist their wards in taking immature emotions and help them lead a productive academic life.
- Policy makers and curriculum planners can design and implement educational programmes that support and enhance students' emotional maturity.
- Academicians and practitioners can devise compensatory attempts for the improvement of students' emotional maturity leading to further improvement in the academic scene.

5.4. Suggestion for further research:

1. The present study is conducted on students of grade IX, similar studies can be conducted at other grade levels as well.
2. In the present study, certain variables such as academic achievement and gender have been taken. Other variables such as economic condition, social background, anxiety can also be taken. It can also be conducted in different communities such as minority communities.
3. Studies of emotional maturity depending on family structure that is joint and nuclear families could be carried out.
4. The relationship between family members and friends and its effect on emotional maturity of person could be explored.
5. Since the present study is only in Balasore Districts, this study could be taken in Odisha State.
6. A study on emotional maturity and personality of students at various levels could be conducted.
7. A study of emotional maturity of teachers could be conducted as they greatly influence the young mind.