

**EFFECT OF ‘PARIKSHA PE CHARCHA’ AND
‘MANODARPAN PROGRAMMES’ OF MoE
INITIATIVE ON EXAMINATION STRESS OF CLASS
12TH STUDENTS OF DMS BHOPAL**

A Dissertation Submitted

To

Barkatullah University, Bhopal

**In partial fulfilment of the requirement for the degree of
MASTER OF EDUCATION (NCERT)**



Session: 2021-2023

Supervisor

Dr. Saurabh Kumar

Assistant Professor in Education

Researcher

Mr. Jay Prakash Chouhan

M.Ed. (RIE)

**REGIONAL INSTITUTE OF EDUCATION
(NATIONAL COUNCIL OF EDUCATIONAL RESEARCH &
TRAINING)**

SHYAMLH HILLS, BHOPAL-462013

(NAAC Accredited A⁺⁺ Grade Institute)

DECLARATION

This declaration on topic, “Effect of ‘Pariksha Pe Charcha’ and ‘Manodarpan Programmes’ of MoE initiative on examination stress of class 12th students of DMS Bhopal” is a presentation of my original research work. Whenever contribution on others is involved, every effort is made to indicate this clearly, with due reference to the literature, and acknowledgement. I assert the statements made and drawn are an outcome of my dissertation work.

This work was done under the guidance of Dr.Saurabh Kumar Assistant Professor Department of Education, Regional Institute of Education, NCERT, Bhopal, M.P. I also declare that the research work done by me is original. This Dissertation has not been submitted by me for the award of any degree or diploma in any university.

I further declare that the result presented in the study and the considerations made there in contribute in general to the advancement in understanding educational interventions.

Date:

JAY PRAKASH CHOUHAN

Place: Bhopal

M.Ed. (RIE)

CERTIFICATE

This is to certify that the content of this dissertation entitled, “Effect of ‘Pariksha Pe Charcha’ and ‘Manodarpan Programmes’ of MoE initiative on examination fear and examination stress of class 12th students of DMS Bhopal is the original research work of Mr. Jay Prakash Chouhan, M.Ed. (Session 2021-2023) and carried out under my supervision at Regional Institute of Education, NCERT, Bhopal for the partial fulfilment of degree of Master of Education of Barkatullah University Bhopal.

It is her genuine work and I consider it worthy of submission for the award of the degree.

I further certify that the work has not been submitted either partly or fully to any other university or institution for the award of any degree.

Place – Bhopal

Dr. Saurabh Kumar

Assistant professor

RIE, Bhopal

ACKNOWLEDGEMENT

I would like to express my deep sense of gratitude and admiration to my guide Dr. Saurabh Kumar Assistant Professor, R.I.E., Bhopal, for his constant encouragement. Kind support and invaluable guidance to carry out the work presented in this dissertation. He has been a great driving force and inspiration for me throughout the dissertation work.

I am indebted to Prof. Jaydeep Mandal, Principal of RIE Bhopal for providing enough learning facilities and educational environment in the campus.

I am highly thankful to Prof. Ramesh Babu, Dr. N.C. Ojha, Dr. Sanjay Pandagley, Prof. I.B. Chughtai as well as other faculty members of R.I.E. for their advice and help for successful completion of the dissertation.

I am heartily thanks to Dr. Ishwant Kaur Head Mistress, DMS Bhopal, Dr. Avani Parashar and other staff members, and students of class 12th studying of DMS Bhopal for their cooperation and support during the data collection.

I deeply appreciate the help of my classmates and my parents as well as all those who helped me directly or indirectly for their support and constant help in completing this dissertation.

Place- Bhopal

Date:

JAY PRAKASH CHOUHAN

M.Ed. (RIE)

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