

ASTUDYOF SUBSTANCE ABUSEAMONG ADOLESECENTS



DISSERTATION

Barkatullah University, Bhopal

**For the partial fulfilment of the requirement
for the Degree of Master of Education (RIE)**

2018-2020

Supervisor

Prof. Ratnamala Arya

Head, Department of Education

RIE Bhopal

Research Scholar

Vikram Kumar Halwai

M.Ed. (RIE)

Regional Institute of Education, Bhopal

National Council of Education Research and Training

Shyamla Hills, Bhopal-462013 Madhya Pradesh

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DECLARATION

I declare that the dissertation entitled “**A STUDY OF SUBSTANCE ABUSE AMONG ADOLESCENTS**” for the partial fulfilment of M.Ed. degree, is my own effort under the inspirational guidance of **Prof. RATNAMALA ARYA, Head Department of Education Regional Institute of Education, Bhopal Madhya Pradesh.**

I further declare that to the best of my knowledge the dissertation does not contain any part of any work, which has been submitted for the award of any degree either in the University or in any other University/ Deemed University without proper citation.

DATE :

Place : RIE, Bhopal (M.P.)


Vikram Kumar Halwai

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CERTIFICATE

This is to certify that the research work entitled “**A STUDY OF SUBSTANCE ABUSE AMONG ADOLESCENTS**” has been successfully completed by Vikram Kumar Halwai for the partial fulfillment of the degree of **MASTERS IN EDUCATION** in Regional Institute of Education, Bhopal (M.P.) under my guidance supervision for the session 2018-2020.

To the best of my knowledge and belief, the dissertation embodies the work of the candidate herself and has duly been done. In my opinion the dissertation is up to the expected standard and the work will serve a useful purpose in the respective field. I wish her success in future endeavors.

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ABSTRACT

Adolescent substance abuse is a major problem facing the world today. In order to understand the reasons for adolescent substance abuse behavior, various theoretical perspectives were utilized and strategies to curb substance use were also identified. The study was conducted in the Demonstration Multipurpose School Bhopal Madhya Pradesh. The participants included adolescents, whose ages ranged from 12 to 15 years. A qualitative, explorative research design was employed. Data was gathered using semi-structured interviews and observations. The study found that substances abused by the participants include alcohol, nicotine, cannabis and heroin. Their reasons for using these substances include individual, family and environmental factors. However, peer group pressure was identified as the primary factor for adolescent substance use. This study emphasizes the painful nature of substance abuse among adolescents, yet at the same time it succeeds in highlighting the strategies that can be employed to address substance abuse among adolescents. In addition, this study recommends a concerted effort by all the stakeholders in addressing the substance abuse problem.

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