

SUMMARY
CONCLUSIONS
AND
RECCENDATIONS

CHAPTER V

SUMMARY, CONCLUSIONS AND RECCOMENDATIONS

5.0. Summary

The present study was conducted to know the level of mutual frankness amongst parents and their adolescent daughters with reference to different adolescent issues. In this chapter summary, conclusions, implications and suggestions for further researches are provided.

The study titled, STUDY OF MUTUAL FRANKNESS AMONGST PARENTS AND THEIR ADOLESCENT DAUGHTERS WITH REFERENCE TO DIFFERENT ADOLESCENT ISSUES, were decided to be conducted and to carry out the research effectively and to assess the degree the of mutual frankness between parents and their adolescent daughters with reference to different adolescent issues, certain objectives were decided.

- To compare the degree of mutual frankness of parents and daughters belonging to different stages of adolescence.
- To study the difference in the degree of mutual frankness of parents and daughters belonging to early and middle adolescence.
- To study the difference in the degree of mutual frankness of parents and daughters belonging to middle and late adolescence.
- To study the difference in the degree of mutual frankness of parents and daughters belonging to early and late adolescence.
- To study the degree of mutual frankness among the parents and adolescent daughters with respect to educational background of the parents.
- To study the degree of mutual frankness among the parents and adolescent daughters with respect to different adolescent issues.

5.1 HYPOTHESIS

1. There will be no significant difference in mutual frankness on adolescent issues among parents and daughters of different stages of adolescence.

2. There will be no significant difference in mutual frankness on adolescent issues among parents and daughters of early and middle adolescents.
3. There will be no significant difference in mutual frankness on adolescent issues among parents and daughters of middle and late adolescence.
4. There will be no significant difference in mutual frankness on adolescent issues among parents and daughters of early and late adolescence.

Although the research intends to study the whole population, but due to time constraint the following research will be **delimited** to a particular area. So that the study can be done exclusively on the selected participants and as exact as possible results could be drawn.

- This study is delimited to adolescent girls only.
- This study will further be delimited to adolescent girls of DMS only.
- This study will further be delimited to adolescent girls of class VIII, XI .
- This study will further be delimited to adolescent girls of 12-18 years only.

5.2 Significance Of The Study

The modern age is characterized as a rapid change in the various aspects of life. Scientific and technological development has not only resulted in the national development moving towards developed country but also affected the cultural, moral and sociological changes into the human existence. The stage adolescence which each and every one encounters has also affected individual's thinking, structure of the family, and its relationship with the members, the concept of neighbourhood and society. In such a changing scenario the mutual understanding and relationship between parents and their wards also be threatened. The parents' role, mind set and behaviour towards their wards, particularly the daughter plays a crucial role in shaping the personality of the child. Since during this age the adolescent girls are quite immature to understand the harsh realities of the world. So the understanding, proper communication and mutual frankness amongst parents and their adolescent daughters play an important role.

Keeping this in view an attempt was made to understand the mutual frankness between adolescent daughters and their parents particularly the father.

If we talk about the methodology of this present study it was a descriptive survey and the **sample** of the present study was drawn from amongst the

adolescent girls studying in class VIII,XI of Demonstration Multipurpose School, RIE Bhopal. The sample of adolescent girls was randomly picked up from a population of 118 girls using table of random numbers. The age of the sample girl ranges from 12-18 years.

They were further classified into early, middle and late adolescence stages. Having 30 girls in each. There were certain **variables** which were taken into consideration by the researcher to make it an effective and useful study.

- Mutual frankness
- Process of growing up
- Awareness about AIDS AND HIV
- Awareness of substance and drug abuse
- Career and marital choices

A Self- prepared tool, **questionnaire** was used to collect information about the degree of mutual frankness amongst parents and their adolescence daughters. **Personal interviews** were also conducted for some of the students by the researcher.

5.3 Major Findings

- There is significant difference in degree of mutual frankness amongst parents and their adolescent daughters related to different stages of adolescence
- There is no significant difference in degree of mutual frankness amongst parents and their adolescent daughters with reference to early and middle adolescence.
- There is no significant difference in degree of mutual frankness amongst parents and their adolescent daughters with reference to middle and late adolescence.
- There is significant difference in degree of mutual frankness amongst parents and their adolescent daughters with reference to early and late adolescence.

5.4 Conclusions

Within the limitations of the present study, following conclusions were drawn :-

- Parents and their adolescent daughters were found to be frank and comfortable in discussing the adolescent issues.
- One of the important conclusion has been that the degree of frankness between parents and their adolescent daughters was high in initial stage and was restricted generally with the advancement of the age.
- In regard with mutual frankness towards adolescent daughters were found little uncomfortable in comparison to their parents.

5.4.1 Educational Implications

Now day's parents are involved in the **teaching learning process** of their children. So they are needed to be more frank with their adolescent daughters. It enhances the self confidence of the children and motivates to perform better in each and every field.

There should be **guidance and counselling** sessions for the adolescent students and also for their parents.

There should be proper student corners to clarify their doubts. Library should be well equipped with **sufficient and upgraded material** related to adolescent issues.

5.4.2 Suggestions for Further Researches

- The study can be conducted on large sample for authorized results.
- Sample from different geographical and cultural background can be collected and comparative study can be done.
- A study of adolescent girls studying in different boards of secondary education with different mediums of instruction can be conducted with similar type of variables.