

**A STUDY OF MENTAL HEALTH AND JOB
SATISFACTION OF ELEMENTARY TEACHERS**

DISSERTATION

**(Submitted in partial fulfillment of the Requirement for the Degree)
of
Master of Education**

SESSION 2007-2008

TO

BARKATULLAH UNIVERSITY, BHOPAL

Supervised by:

Prof. S.K. Goel

Head, Deptt. of Extension Education

R.I.E. (NCERT), Bhopal.

Submitted By:

Abdul Rab

M.Ed. Student

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NCERT

**REGIONAL INSTITUTE OF EDUCATION
(NCERT)**

Shyamla Hills, Bhopal (MP)

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**REGIONAL INSTITUTE OF EDUCATION
(NCERT)
Shyamla Hills, Bhopal (MP)**

DECLARATION

I do hereby declare that this study entitled "**A study of mental health and job satisfaction of elementary teachers.**" has been undertaken by me in partial fulfillment of the requirement for the Degree of Master of Education (Elementary Education). I have completed this piece of research work under the guidance of Prof. Sushil Kumar Goel, Head, Deptt. of Extension Education, Regional Institute of Education, Bhopal.

I further declare that this dissertation has not been submitted earlier by me or by others for any degree either in the Barkatullah University or any other university.

Place: Bhopal

Date: 17/4/2008.



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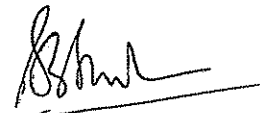
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CERTIFICATE

This is to certify that **ABDUL RAB**, a student of **M.Ed.** class of Regional Institute of Educational, Bhopal during the session 2007- 08 has completed his dissertation entitled "**A STUDY OF MENTAL HEALTH AND JOB SATISFACTION OF ELEMENTARY TEACHERS**" under my guidance and supervision.

Certified that this M.Ed. dissertation is his original work and is fit for submission to Barkatullah University for the M.Ed.degree.

Date: 17/4/08



(S.K. Goel)

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ABSTRACT

A study was conducted with the aim to find out relationship between mental health and job satisfaction of elementary teachers with regard to age, sex, educational qualification, teaching experience of Urdu Marathi, and English medium teachers of Nanded district. The objectives were :-

1. To study the relationship between mental health and job satisfaction of elementary teachers.
2. To study the mental health and job satisfaction of elementary teachers in relation to sex .
3. To study the mental health and job satisfaction of elementary teachers in relation to age.
4. To study the mental health and job satisfaction of elementary teachers in relation to teaching experience.
5. To study the mental health and job satisfaction of elementary teachers in relation to educational qualification.
6. To study the mental health and job satisfaction of elementary teachers of Urdu, Marathi and English medium .

Methodology: The sample for the study consisted of 60 elementary school teachers (30 male and 30 female) working in six Marathi, Urdu and English Medium schools of Nanded distt. The following two tools have been used in this study. (1) RCE mental health scale: constructed and standardized by S.P. Anand (1992) and (2) Job satisfaction scale: constructed and standardized by S.P. Anand (1992). The tools were administered on the teachers of all the schools individually

Salient findings :

1. The positive co-efficient of correlation was found between mental health and job satisfaction of elementary teachers.
2. Result reveals that there exists no significant difference in the mental health and job satisfaction of male and female teachers.

3. No significant difference was found among the two age groups i.e. 20 to 34 years of age group and above 34 years of age group, on the dimension of mental health and job satisfaction.
4. No significant difference was found among three teaching experienced groups i.e. (1 to 5 years), (5 t o 10 years) and (10 years and above) on the dimension of mental health and job satisfaction.
5. No significant difference was found among minimum qualified and higher qualified teaching groups on the dimension of mental health and job satisfaction.
6. No significant difference was found among Marathi V/S English, Urdu V/S English medium teachers; but significant difference was found among Urdu and Marathi medium teachers . Urdu medium teachers posses better mental health than Marathi medium teachers. No significant difference was found in job satisfaction of Marathi, Urdu and English Medium teachers.

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(a) RCE mental health scale

(b) Job satisfaction scale.

(c) The final copy of Marathi translated mental health and Job Satisfaction scale.

(d) The final copy of Urdu translated mental health and Job satisfaction scale .