



# **EXPRESSION SERIES TO COMMEMORATE THE LIFE AND WORKS OF GREAT INDIAN THINKERS AND OTHER IMPORTANT EVENTS**

## **PAC 23.41 Extension PHASE- I**

### **PROGRAMME REPORT 2024-25**

**Programme Coordinators**

**Dr. Ishwant Kaur  
Mr. Shyam K. Singh**

**Programme Members**

**Mr. M. S. Chouhan  
Dr. Avani Parashar**

**DEMONSTRATION MULTIPURPOSE SCHOOL**

**Regional Institute of Education**

**(A constitute unit of National Council of  
Education and Research and Training)**

**NAAC Accredited A++**

**Shyamla Hills Bhopal.462002**



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**Dr. Ishwant Kaur**

**Mr. Shyam Kumar Singh**

**(Programme Coordinators)**

## **INTRODUCTION**

“Education is one of humanity’s most valuable resources, empowering individuals to explore the world through knowledge. It serves as the key to overcoming challenges and shaping a person’s ability to navigate life’s complexities. A nation thrives on the collective progress of its societies, and the behavioral patterns of these societies reflect the overall development of the country.

Schools play a crucial role in a child’s early learning journey, providing exposure to a diverse range of subjects such as literature, history, mathematics, politics, and more. Education is widely recognized as a driving force in shaping an individual’s mindset and approach to life’s challenges.

There has been a shift from viewing education as mere bookish knowledge to embracing it as a tool for holistic development. It should cultivate critical thinking and enhance cognitive abilities. Active learning involves inquiry, exploration, questioning, discussion, application, and reflection, enabling students to develop theories and generate ideas. Classrooms must foster an environment where students can question, research, discuss, and reflect to form new concepts and perspectives.

By studying the lives of remarkable individuals, students learn effective ways to handle real-life challenges. Observing how others have overcome obstacles instills confidence and inspires them to apply similar strategies in their own lives.



## **SPECIFIC OBJECTIVES**

The specific objectives to organize expression series on eminent personalities are as follows:

- Encouraging the preservation of cultural heritage by fostering awareness and appreciation among students.
- Promoting literary activities to enhance students' writing, speaking, and creative expression skills.
- Developing research skills by motivating students to explore and analyze historical and contemporary figures.
- Fostering creative expression by providing a platform for students to articulate their thoughts through various artistic and literary forms.
- Instilling the values of national integrity and unity through discussions on influential personalities.
- Raising awareness about national development issues, helping students understand their role in societal progress.
- Encouraging self-reflection on issues affecting their lives and their surroundings.
- Highlighting the contributions of eminent personalities in shaping history, society, and various fields.
- Providing a common platform for idea exchange, allowing students to share perspectives and learn from one another.
- Educating students about the sacrifices of freedom fighters and their role in India's independence movement.

## **EXPECTED OUTCOMES**

- The value of National integrity will be promoted.
- Students will be able to reflect upon the issues related to their lives.
- Students will be aware of the contributions of eminent personalities.
- Students will be able to share their ideas about issues related to national development.
- Students will come to know about the contribution of freedom fighters to bring Independence to the Nation.
- Students will come to know about the contribution of eminent personalities.

## **LEARNING OUTCOMES**

- Develop an understanding of historical and cultural significance related to each observance.
- Encourage students to explore the impact of these events on society and individuals.
- Allow students to express their views on national and global issues.
- Foster analytical and problem-solving skills through discussions and reflections.
- Enhancing written and verbal expression through essays, debates, and poetry.
- Encouraging students to understand diverse perspectives and societal challenges.
- Enable students Learning about constitutional rights, mathematical logic, and scientific reasoning to make informed decisions.
- Promoting respect for languages, diversity, and traditions among the students.

Celebrate Mathematics and Science Days to inspire curiosity, logical thinking, and innovation.



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<b>2.</b>	<b>National Unity Day – Life Philosophy and Contribution of Sardar Vallabhbhai Patel</b>	<b>24-October-2024</b>
<b>3.</b>	<b>National Education Day</b>	<b>11-November-2024</b>
<b>4.</b>	<b>National Constitution Day</b>	<b>26-November-2024</b>
<b>5.</b>	<b>National Mathematics Day</b>	<b>22–December-2024</b>
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<b>10.</b>	<b>International Science Day-Life philosophy and contribution of C.V.Raman.</b>	<b>28-February-2025</b>

## 1. Hindi Diwas

14-September-2024

**“हिन्दी केवल एक भाषा नहीं, बल्कि भारतीय संस्कृति की आत्मा है।” — अटल बिहारी वाजपेयी**

Any nation's language and culture are vital for fostering interpersonal relationships and building a cohesive society. Hindi, being one of the most widely spoken languages in India, plays a vital role in uniting the diverse cultures and traditions of the country. On September 14, we commemorate HINDI DIWAS with immense pride and vigour. On the occasion of Hindi Diwas, Demonstration Multipurpose School, Bhopal commemorated the nation's most commonly spoken language.

The event, witnessed participation from secondary and senior secondary students, featuring essay writing and poem recitation competitions that highlighted their literary talents. **Dr. Deepika Saxena, Media Incharge at Makhanlal University**, graced the occasion as the special guest. Through these competitions, students enhanced their writing, creative expression, and public speaking skills, fostering a deeper appreciation for Hindi's richness and its role in national identity. The event successfully instilled linguistic pride and provided a platform for students to express their thoughts on the significance of Hindi.

Teachers also conversant the students that Hindi is a very rich language and has made major contributions to the field of literature and how to enhance the abilities of the language and Hindi grammar.







## **2. National Unity Day**

**24-October-2024**

**"By common endeavor we can raise the country to a new greatness, while a lack of unity will expose us to fresh calamities."**

**-Sardar Vallabhbhai Patel**

This year, on the momentous occasion of National Unity Day, the 147<sup>th</sup> birthday of the famed politician and independence warrior Sardar Vallabh Bhai Patel was commemorated at the Demonstration Multipurpose School in Bhopal. On the day of his birth, India observes **National Unity Day** to honor his efforts in bringing the country together.

The program was coordinated by HM Dr. Ishwant Kaur, Mr. Shyam Kumar Singh and Mr. Muninder Singh Chouhan, Dr. Avani Parashar along with all the teachers, and conducted an oath on the premises.

On Unity Day Cultural Dance Competition was held on October 24 at Demonstration Multipurpose School, Bhopal. The event aimed to promote appreciation for India's rich cultural diversity. Through vibrant dance performances, students gained a deeper insight into India's diverse traditions, strengthening their respect for regional customs. Working in groups enhanced their cooperation and communication skills, while the platform boosted their self-confidence and encouraged future participation.

The event successfully reinforced the principle of "Unity in Diversity," instilling in students the values of inclusion, harmony, and national pride. The Unity Day celebration proved to be a resounding success, inspiring young minds to cherish their cultural heritage while embracing diversity with respect and unity.













### **3. National Education Day**

**11 – November – 2024**

**Educationists should build the capacities of the spirit of inquiry, creativity, entrepreneurial and moral leadership among students and become their role model.”**

**- Maulana Abul Kalam Azad**

On the occasion of National Education Day, Demonstration Multipurpose School Bhopal celebrated the birth anniversary of Maulana Abul Kalam Azad. He served the country from 1947 to 1958 as the first Education Minister in Pandit Jawaharlal Nehru’s cabinet. Maulana Abul Kalam Azad was a reformer and freedom fighter. He was not merely a scholar but committed to building the nation through education.

The Education Day celebration was organized on November 11 under PAC 23.41 to emphasize the importance of foundational literacy skills and inspire students to develop a love for reading and writing while inculcating good habits for holistic development.

The event was coordinated by Dr. Ishwant Kaur, with Mr. M.S. Chouhan, Mr. Shyam Kumar Singh, and Dr. Avani Parashar as key program members.

The event, was held at Balupvan , with the enthusiastic participation of 900 students from Grades KG to 12. A special interactive library session was conducted by Dr. Avani Parashar, focusing on reading, writing, and the significance of disciplined habits in a student’s life. The session encouraged students to utilize the library as a resource for enhancing their knowledge and creativity.

Students developed a deeper awareness of literacy’s value, an increased

interest in library use for academic and personal growth, improved creative and analytical writing skills, and a better understanding of how good habits contribute to success.

The celebration successfully instilled literary enthusiasm and lifelong learning values among students.







## 4. National Constitution Day

26 -November - 2024

**The Constitution is not a mere lawyer’s document, it is a vehicle of Life, and its spirit is always the spirit of Age.”**

— **B.R. Ambedkar, Annihilation of Caste**

National Constitution Day was celebrated at DM School, Bhopal on 26 November 2024 to commemorate the adoption of the Indian Constitution.

With the Coordinators Dr. Ishwant Kaur & Shyam Kumar Singh, Students and staff members participated on this occasion and recited the preamble. Students learned about their rights and duties and the importance of the constitution.

Ms. Himanshi Chouhan, a constitutional expert, delivered an insightful lecture on the journey of the Constitution, the significance of the preamble, and the responsibilities of citizens.

The event helped students gain a deeper understanding of constitutional values and instilled a sense of patriotism. Various activities such as role plays, skits, and visual presentations encouraged creative learning and engagement. The session inspired students to apply constitutional principles in their daily lives, fostering active participation and responsible citizenship.













## **5. National Mathematics Day**

**22-December-2024**

**No, it is a very interesting number; it is the smallest number expressible as a sum of two cubes in two different ways.”**

**- Srinivasa Ramanujan**

On the occasion of “Srinivasa Ramanujan,” the mathematical prodigy,’s birth anniversary. Demonstration Multipurpose School honored him on December 22, 2024, National Mathematics Day. The primary goal of the day’s celebration is to educate kids about the value of mathematics to the advancement of humanity.

The school celebrated ‘National Mathematics Day’ in memory of great mathematician Srinivasa Ramanujan on his birthday under PAC 23.36 students and staff members participated in the school on this occasion. H.M. Dr. Ishwant Kaur along with the teachers lit the lamp and paid homage to the great mathematician Srinivasa Ramanujan for their contribution to the field of Mathematics.

The program was organised at both levels -Primary and Secondary. For Primary Section Classes, Mathematics quizzes were organized where students showed their Creativity by preparing different pictures using mathematical shapes. Primary Classes actively participated in fun activities related to Maths and to understanding maths with fun. All Primary students participated in the competition with great zeal.

Students of classes 6 to 8 participated in the competition in which they had to write interesting facts about maths on cards and they wrote formulas according to their maths textbook on sheet. Maths Quiz Competition organised for 9<sup>th</sup>-12<sup>th</sup> on the Mathematician Day to enhance the observation and analytical skills of students. Mathematics helps us to cultivate the ability to think and deal with problems that arise in the physical environment logically based on facts.







## 6. National Youth Day

12 – January - 2025

**“Arise! Awake! And stop not until the goal is reached.”**

– **Swami Vivekananda**

National Youth Day or Rashtriya Yuva Diwas is celebrated on 12<sup>th</sup> January to commemorate the birth anniversary of Swami Vivekananda, one of the greatest philosophers and spiritual leaders. National Youth Day creates awareness and provides knowledge about the rights of people in India. The Youth Day aimed to spread awareness of his teachings, encourage students to shape a progressive society, and provide a platform for cultural and literary expression.

Teachers and students participated in a synchronized Surya Namaskar performance, promoting unity, well-being, and mindfulness.

In the Yoga Competition, students showcased various asanas, demonstrating physical fitness, discipline, and focus.

Students recognized the importance of yoga for a healthy lifestyle. They developed discipline, self-confidence, and mindfulness.

The event strengthened student-teacher bonds through shared wellness activities.

Swami Vivekananda’s teachings inspired students to adopt a balanced approach to life.











## **7. Parakram Diwas (Day of Valor)**

**23-Jan-2025**

**“It is our duty to pay for our liberty with our own blood. The freedom that we shall win through our sacrifice and exertions, we shall be able to preserve with our own strength.”**

### **-Netaji Subash Chandra Bose**

On January 23, 2025, the nation honors Netaji Subhash Chandra Bose, the heroic liberation fighter, on his 127<sup>th</sup> birthday. Neta Ji was born in Cuttack, Odisha, on this day in 1897. People commemorate the day as Parakram Diwas.

The Prakram Day celebration, organized on January 23 under PAC 23.41, aimed to educate students to imbibe the values of courage, patriotism, and dedication exemplified by Netaji Subhash Chandra Bose. The day aimed to cultivate a sense of national pride and encourage students to reflect on the significance of selfless service to the nation.

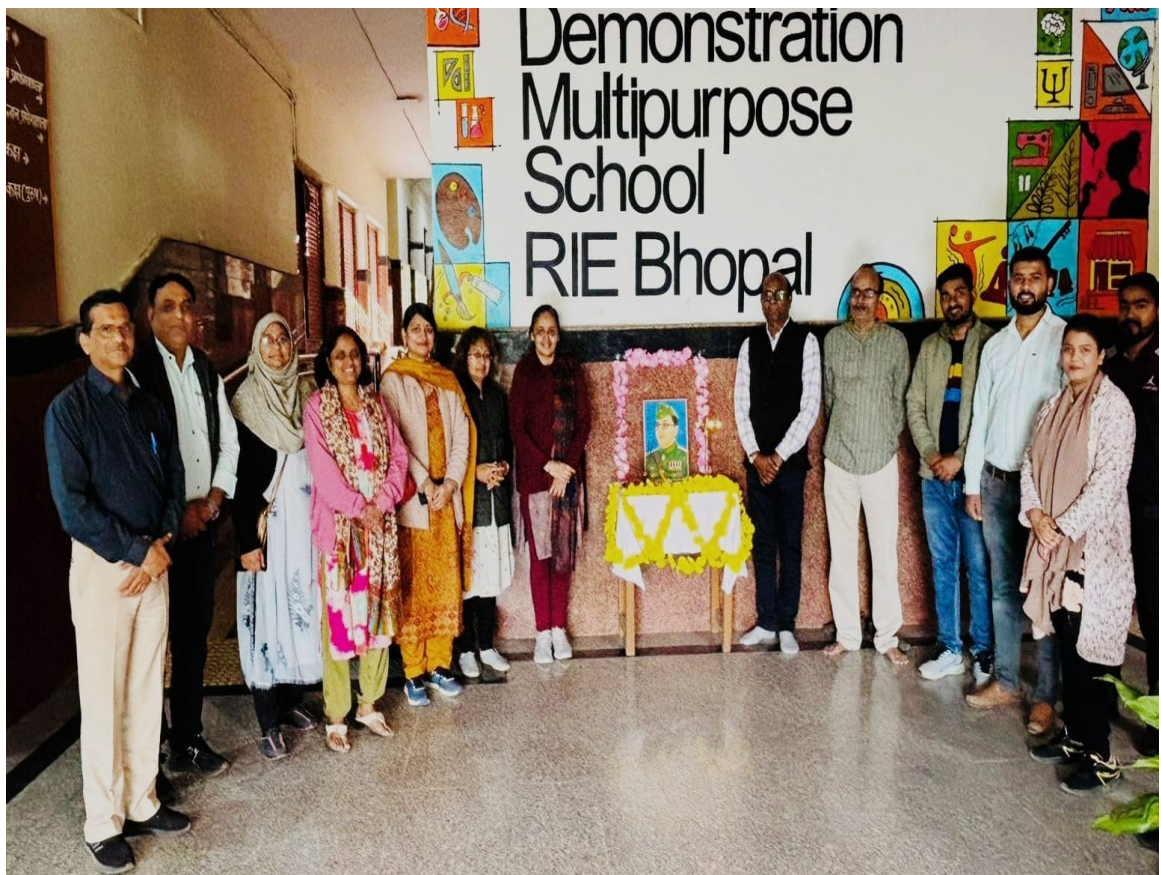
There were 450 students from Grades 6<sup>th</sup> -12<sup>th</sup> who participated in the programme.

Students across grades participated in reciting patriotic poems, highlighting themes of sacrifice, unity, and love for the country. The poems echoed the values propagated by Netaji, inspiring the audience to reflect on his contributions to India’s independence movement.

A special activity titled “The Joy of Writing Letters” was conducted for students of classes 6 to 12. The activity encouraged students to write heartfelt letters on topics such as gratitude to freedom fighters, love for the motherland, or expressing patriotism.







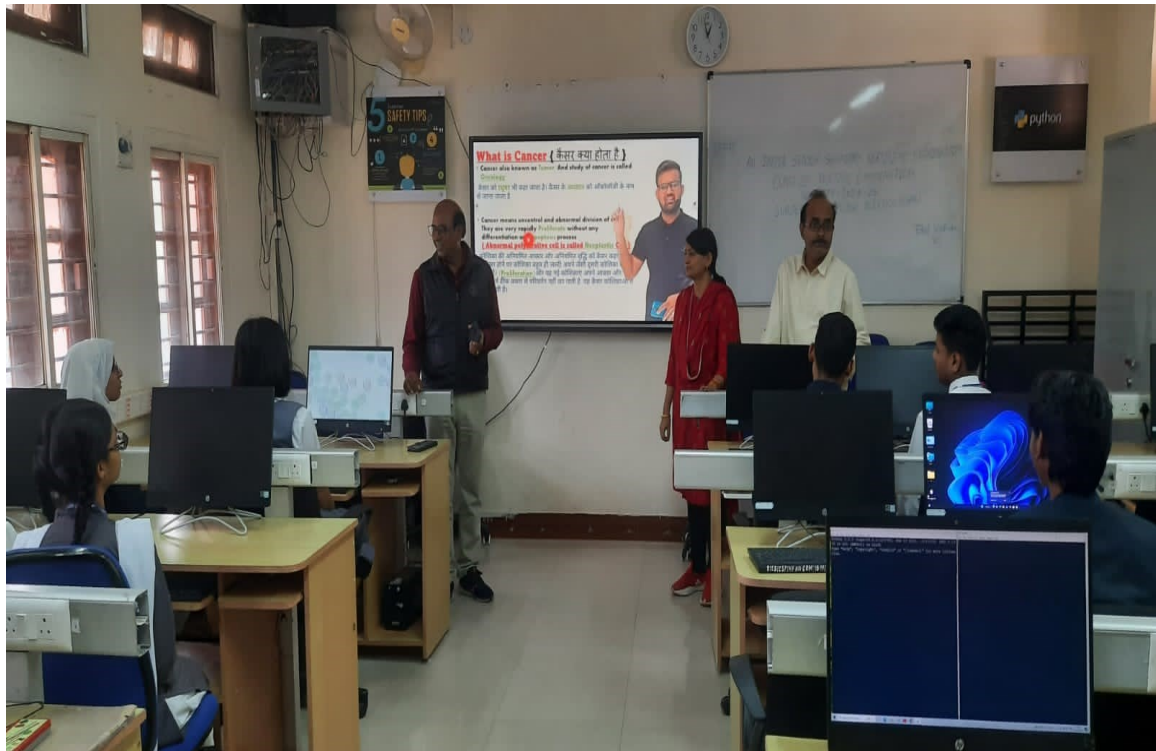
## **8. World Cancer Day**

**04-- February--2025**

**Let us pledge on this World Cancer Day that we will never give up on this illness, nor should we allow anybody else to.**

The Cancer Awareness Day celebration, organized on February 4 under PAC 23.41, aimed to educate students about cancer, its prevention, early detection, and the importance of maintaining a healthy lifestyle to reduce the risk of cancer. A total of 450 students from Grades 6 to 12 participated in the event, which focused on raising awareness about different types of cancer, promoting healthy lifestyle choices, encouraging early detection through self-examination and medical check-ups, and fostering empathy for cancer patients and survivors. The event featured a PowerPoint presentation that provided detailed insights into cancer, its causes, symptoms, preventive measures, and the significance of early detection, along with inspiring survivor stories. A poster-making competition on the theme “Fight Against Cancer” allowed students to creatively express their thoughts on cancer awareness, prevention, and patient support through impactful artwork. Additionally, a special yoga session emphasized the role of a healthy lifestyle in disease prevention, teaching students various asanas and breathing exercises to reduce stress and enhance overall well-being. As a result of these activities, students gained valuable knowledge about different types of cancer, their causes, and symptoms, as well as the importance of early detection and regular health check-ups. They also developed a deeper understanding of how lifestyle choices impact health and cancer prevention. The event fostered empathy and sensitivity toward cancer patients and survivors, enhanced students’ creative thinking and communication skills through the poster-making competition, and highlighted the significance of mental and physical well-being through yoga.













## **9. Inter National Mother Tongue Day**

**21- February-2025**

**Enrich yourself linguistically and pass your mother tongue to your future generation.**

Language forms the foundation block in communication. It is important to respect, acknowledge and understand each other's language to effectively communicate. The world is a plethora of languages, cultures and traditions. Each language also varies in dialects. With every few kilometers, the dialects change, and the language starts to differ. While it can seem confusing, such is the beauty of diversity in the world, and finding ways to collaborate and connect. India stands as an emblem of linguistic and cultural diversity for the world with the varieties of dialects spoken across the country.

The National Mother Tongue Day celebration on February 21 under PAC 23.41 aimed to promote linguistic diversity and cultural preservation. The event highlighted the significance of multilingualism in fostering identity and unity. Students engaged in a Slogan Writing Competition (Classes 6-12) to creatively express the importance of their mother tongues, while a Book Exhibition in various Indian and international languages enriched their literary exposure. The celebration enhanced awareness of linguistic heritage, encouraged creative expression, and fostered respect for diverse cultures. Ultimately, it successfully inspired students to take pride in their native languages while appreciating others.









## **10. Inter National Science Day**

**28- February-2025**

**“Success can come to you by courageous devotion to the task lying in front of you.”**

**-C.V. Raman**

DM School Bhopal celebrated Science Day on 28 February 2025. National Science Day is a celebration of the achievements and contributions of the scientific community. It is a day to honor the legacy of great minds who have shaped our understanding of the world and inspired future generations.

DMS commemorates this day with a few activities such as Students of class 6<sup>th</sup> – 12<sup>th</sup> participated in Poster Making Competition , PowerPoint Presentation on the blessings and curses of science and visited the school cowshed .

Mr. M.S. Chouhan and Dr. J.P. Ahirwar motivated students to be keen observers and apply scientific approaches in different aspects. They emphasized the use of research and technology in a constructive way. They elaborated on many real-life examples to show science is everywhere and science is fun. Through these activities, Students understood how to develop scientific aptitude and attitude in life. Through this competition, Students get to learn how to present their visions of blessings and curses of science. The PowerPoint presentation makes them able to present their experience and learning in the science discipline .The visit to school cowshed help them to gain first -hand knowledge of dairy farming, where they observed the feeding process , milking techniques and the crucial role of hygiene in dairy production.

Teachers and students expressed their views on the importance of science in our daily lives covering critical areas like health, and the environment along with how science and technology are taking the initiative for common people.









## **SUMMARY**

The Expression Series at Demonstration Multipurpose School (DMS) encompassed a diverse range of celebrations, including Hindi Diwas, Education Day, Unity Day, Constitution Day, Mathematics Day, Parakram Diwas, International Science Day, Youth Day, Cancer Day, and International Mother Tongue Day. Each event was designed to instill a deep understanding of its significance among students while fostering critical thinking, cultural appreciation, and national pride. The objectives included enhancing linguistic proficiency and respect for Hindi on Hindi Diwas, emphasizing the role of education in nation-building on Education Day, and promoting unity and diversity on Unity Day. Constitution Day focused on constitutional awareness and democratic values, while Mathematics Day encouraged logical reasoning and problem-solving skills. Parakram Diwas honored the bravery of Netaji Subhas Chandra Bose, inspiring patriotism, and International Science Day cultivated scientific curiosity and innovation. Youth Day celebrated the teachings of Swami Vivekananda, motivating students to strive for excellence, while Cancer Day raised awareness about prevention and support. International Mother Tongue Day reinforced the importance of linguistic diversity and cultural heritage. These celebrations were successfully conducted under the coordination of Dr. Ishwant Kaur, Shyam Singh, Dr. Avani Parashar, and Munindra Chauhan, with the dedicated support of all staff members of DMS, ensuring an enriching and engaging learning experience for students.



