


APPENDICES

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Please fill in the following informations : Date

Name _____

Age _____ **Sex :** Male ☐ Female ☐

Name of School/College _____ **Class** _____

Present Residence : Town ☐ Village ☐

Monthly Income of parents :

(a) ₹ 50,000 and above ☐ (b) ₹ 30,000 to 49,000 ☐ (c) ₹ 20,000 to 29,000 ☐

(d) ₹ 10,000 to 19,000 ☐ (e) Below ₹ 10,000 ☐

Father's Educational Qualification :

10th/12th/Graduate/Post Graduate/Above Post Graduate _____

Mother's Educational Qualification :

10th/12th/Graduate/Post Graduate/Above Post Graduate _____

INSTRUCTION

Following are some statements which are related to any persons self-confidence, self-respect, promise etc. For each statement, there are five response options i.e. "Strongly Agree", "Agree", "Neutral", "Disagree" and "Strongly Disagree". Read each statement carefully and tick ☒ mark only that option which you find that is most appropriate and true in your case. There is no time limit as such but it generally takes about 15 minutes to complete this. These answers will be always kept confidential.

Scoring Table				
	Raw Score			Interpretation
Page	2	3	4	
Score				
Total Score				

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2 | Consumable Booklet of SES-sans

Sr. No.	STATEMENTS	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree	Score
1.	I feel confident about my capabilities that with little efforts I can resolve difficult problems.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2.	I am confident that I can achieve all targets that I set for myself.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3.	I am so confident of my capabilities that I can finish tasks on time.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4.	Despite hard work, I feel I will not succeed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5.	I feel I can keep self control even at difficult times.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6.	In any circumstance, I can achieve what I desire.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7.	I have enough self-confidence to finish any work.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Total Score Page No. 2							<input type="checkbox"/>

Sr. No.	STATEMENTS	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree	Score
8.	With my efforts, I can achieve anything.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9.	My own potential and capabilities are responsible for all my achievements so far.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10.	It is usually not possible for me to achieve any targets.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11.	I am able to balance myself even in most difficult times.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12.	I am unable to face difficulties without any help and support.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
13.	Even in most difficult situations, I can strategise to resolve and deal with it.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
14.	I try my level best to achieve my targets.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Total Score Page No. 3							<input type="text"/>

4 | Consumable Booklet of SES-SANS

Sl. No.	STATEMENTS	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree	Score
15.	I can keep my cool even when others try to take up fight with me.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
16.	If I get stuck in some work, with little efforts I can resolve it.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
17.	If I try sincerely, I am confident I shall be able to succeed.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
18.	Despite concentrating on my aim, I will fail.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
19.	If I am determined to succeed, I shall be able to achieve success.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
20.	If work as per plan, I shall be able to reap results quickly.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Total Score Page No. 4