

**Study of Career Decision Self-Efficacy in Relation to their Parental
Encouragement among Senior Secondary Students of
Angul District, Odisha**



A Dissertation Submitted to Barkatullah University, Bhopal
in partial fulfilment of the requirement for the degree of
Three Year Integrated B.Ed.-M.Ed. Course
(2019-2022)

Guide

Prof. Ratnamala Arya
Department of Education
RIE, Bhopal

Co-Guide

Dr. Deepti Kavathekar
Dr. Shivani Saini
Department of Education
RIE, Bhopal

Researcher

Ankita Nayak
Three Year Integrated B.Ed.-M.ED.
RIE, Bhopal

D - 596

REGIONAL INSTITUTE OF EDUCATION

A constituent unit of the National Council of Educational Research and Training
(NCERT)

Shyamala Hills, Bhopal -462002 (M.P.)

DECLARATION

I hereby declare that this study entitled, "**Study of career decision self-efficacy in relation to their parental encouragement among senior secondary students of Angul district, Odisha**" has been carried out by me during the academic years 2019-2022 in partial fulfilment of the requirement for the degree of Three Year Integrated B.Ed.-M.Ed. course of Barkatullah University, Bhopal (M.P).

This study has been conducted under the guidance and supervision of Prof. Ratnamala Arya, Head, Department of Education, Regional Institute of Education (NCERT), Bhopal (M.P.).

I hereby declare that the research work done by me is original. This dissertation has not been submitted by me for the award of any degree or diploma in any Institute/University.

Date: 21/06/2022

Place: Bhopal

Ankita Nayak.

Ankita Nayak

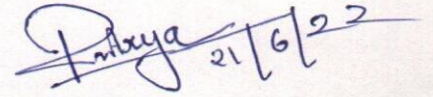
Three Year Integrated B.Ed.-M.Ed.

CERTIFICATE

This is to certify that **Ankita Nayak**, student of Three year Integrated B.Ed.-M.Ed. course in the year 2019-2022 of Regional Institute of Education, Bhopal has worked under my guidance and supervision for her dissertation “**Study of career decision self-efficacy in relation to their parental encouragement among senior secondary students of Angul district, Odisha**”. This piece of research work is genuine and ready for submission and evaluation.

Date: 21/06/22

Place: Bhopal



Dr. Ratnamala Arya

Head, Department of Education

RIE, Bhopal

Dr. Ratnamala Arya
Professor & Head, D.E.
Regional Institute of Education
RIE, NCERT, BHOPAL

ACKNOWLEDGEMENT

I would like to express my deep sense of gratitude and admiration to my guide **Prof. Ratnamala Arya**, Head, Department of Education, Regional Institute of Education(NCERT), Bhopal (M.P.) for her constant encouragement, kind support, and invaluable guidance to carry out the work presented in this dissertation. She has been a great driving force and inspiration for me throughout the dissertation work.

I am indebted to **Prof. Jaydip Mandal**, Principal, RIE, Bhopal, **Prof. Ratnamala Arya**, Head, Department of Education, **Prof. B. Ramesh Babu**, Dean of Research for providing enough learning facilities and educational environment in the campus.

I am thankful to **Prof. Ratnamala Arya**, **Dr. N.C. Ojha**, **Dr. Deepti Kavathekar**, **Dr. Shivani Saini**, **Dr. M.S. Karriyappa** as well as other faculty members of RIE, Bhopal for their advice and help for successful completion of the dissertation.

I am very thankful to **Dr. P.K. Tripathy**, Deputy Librarian and the staffs of the library who rendered all kind of possible support by providing source material for completion of my dissertation work.

I would like to give my special thanks to the Principals and faculties of all four schools for granting me permission to collect the data from the students of their Institutes. Students selected in the sample deserve my sincere thanks for cooperating with me and for providing the required information regarding the present work.

I am also indebted to the authors and researchers whose studies have enriched my knowledge and was useful in my research work.

I am especially beholden to my parents and family members for their unconditional love, encouragement and blessing, which I needed the most in its completion. I am specially thankful to my friends for their immense contribution which enabled me to complete this dissertation work.

Place: **Bhopal**
Date: **21/06/22**

Ankita Nayak
Ankita Nayak

Three Year Integrated B.Ed.-M.Ed.

TABLE OF CONTENTS

DESCRIPTION	PAGE NO.
Declaration	
Certificate	
Acknowledgement	
Table of Contents	
List of Tables	
List of Figures	
Chapter –I: INTRODUCTION	1-8
1.1 Introduction	
1.1.1 Career	
1.1.2 Career Decision Making	
1.1.3 Self-Efficacy	
1.1.4 Self-Efficacy and Career Decision Making	
1.1.5 Parental Encouragement	
1.2 Rationale of the Study	
1.3 Statement of the Study	
1.4 Operational Definition	
1.4.1 Career Decision Self-Efficacy	
1.4.2 Parental Encouragement	
1.4.3 Senior Secondary School Students	
1.5 Objectives	
1.6 Hypotheses	
1.7 Delimitations of the Study	
Chapter – II: REVIEW OF LITERATURE	9-18
2.1 Career Decision Self-Efficacy	
2.2 Parental Encouragement	
2.3 Reflection on Career Decision Self-Efficacy and Parental Encouragement	
2.4 Conclusion	
Chapter – III: METHODOLOGY	19-23
3.1 Research Method	
3.2 Variables	
3.3 Population	

- 3.4 Sample
- 3.5 Tools
 - 3.5.1 Career Decision Self-Efficacy Scale (Modified)
 - 3.5.2 Career Related Parental Encouragement Scale
- 3.5 Statistical Techniques
- 3.6 Delimitations

Chapter-IV: ANALYSIS AND INTERPRETATION **24-30**

- 4.1 Introduction
- 4.2 Difference in Career Decision Self-Efficacy of Boys and Girls Students of Senior Secondary School
- 4.3 Difference in Career Decision Self-Efficacy among Students Studying in Senior Secondary Schools with respect to School Type (Government and Private School)
- 4.4 Relationship between Career Decision Self-Efficacy and Parental Encouragement of Senior Secondary School Students
- 4.5 Conclusion

Chapter V: RESULT AND FINDINGS **31-34**

- 5.1 Major Findings
- 5.2 Educational Implications of the Study
- 5.3 Suggestions for Future Research
- 5.4 Conclusion

SUMMARY **35-39**

- Introduction
- Statement of the Problem
- Operational Definitions
- Objectives of the Study
- Hypotheses of the Study
- Delimitations of the Study
- Research Method
- Population
- Sample
- Research Tools
- Statistical Techniques
- Findings of the Study

LIST OF TABLES

Sl No.	Table Name	Page No.
3.2	Showing scoring procedure for positive and negative test items	24
4.1	Difference in Career decision self-efficacy among boys and girls students of Senior Secondary Schools	26
4.2	Difference in Career decision self-efficacy among senior secondary school students with respect to school type	28
4.3	Showing Coefficient of Correlation between Career decision self-efficacy and Parental Encouragement of Senior Secondary School Students	30

LIST OF FIGURES

Sl No.	Name of the Figure	Page No.
3.1	Distribution of the sample	20
4.1	Difference in mean scores of Boys and Girls of Senior Secondary Schools on the variable of Career decision Self-efficacy	26
4.2	Difference in mean scores of senior secondary students studying in government and private schools on the variable of Career decision self-efficacy	28