

**CHAPTER – V**  
**SUMMARY, FINDINGS**  
**AND**  
**RECOMMENDATIONS**

## **CHAPTER-V**

### **SUMMARY, FINDINGS AND RECOMMENDATIONS**

#### **5.1 INTRODUCTION**

In the first chapter, researcher presented with an introduction to the problem, stated the problem and brought out the rationale of the problem. Further researcher formulated objectives of the study and also framed research questions that guided the research work. In addition, researcher presented with objectives of the study. At the end researcher has mentioned the limitations of the study.

In the second chapter, researcher presented the brief review of researches that have been conducted by various individuals and agencies.

In the third chapter, the methodology of the present of the present work has been described.

In the fourth chapter, researcher presented the data analysis and interpreted them.

This chapter includes a brief summary of the study; findings and the conclusions drawn from various analyses along with the recommendations for further research on related area have also been outlined.

The present study tried to see the Influence of discipline practice on self esteem of secondary school students.

#### **5.2 STATEMENT OF THE PROBLEM**

“Influence of discipline practices on self esteem of secondary school students:  
A study”

#### **5.3 OBJECTIVES OF THE STUDY**

- 1) To study the opinions of teachers on discipline practices in school.
- 2) To study the opinions of students on discipline practices in school.
- 3) To identify the types of discipline practices in school.
- 4) To study the self esteem of school students.
- 5) To study the influence of discipline practice on self esteem of school students.

- 6) To study the difference in self esteem of boys and girls due to discipline practices.

#### 5.4 HYPOTHESES OF THE STUDY

- 1) There is no significant difference between students undergoing high and low discipline practices.
- 2) There is no significant difference between self esteem of boys and girls due to discipline practices.

#### 5.5 RESEARCH QUESTIONS

- 1) What are the opinions of teachers on discipline practices in school?
- 2) What are the opinions of students on discipline practices in school?
- 3) What are the various types of discipline practices in school?
- 4) What is the status of self esteem of students?

#### 5.6 VARIABLES

In the present study the investigator has selected one independent and one dependent variable. The independent variable is discipline practice. The dependent variable is self esteem.

#### 5.7 LIMITATION OF THE STUDY

This study is conducted under the following limitations:

- 1) Extraneous variables affecting self esteem of an individual are not neutralized.
- 2) The study was limited to Bhopal only.
- 3) The study was limited to semi govt. school i.e. Model Higher Secondary School and govt. school Kamla Nehru School.
- 4) The study was limited to class XI (B & C) of Model Higher Secondary School.

#### 5.8 METHOD

To accomplish the objectives of the present study Mixed Method research (convergent design) was used.

### 5.9 SAMPLE

A sample of 92 students of Model Higher Secondary School and 28 teachers of Kamla Nehru in Bhopal city was selected using purposive sampling and random sampling.

### 5.10 RESEARCH TOOLS

In this study 5 types of research tools were used for the collection of data.

- a) Opinionnaire on discipline practices
- b) Experience sheet
- c) Checklist
- d) Class room observations
- e) Self Esteem Scale
- f) Group Discussions

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### 5.11 DATA ANALYSIS

In the present study, Descriptive statistics and t-test is used to analyze the data.

### 5.12 FINDINGS

The major findings are as follows:

- 1) There is significant difference between self esteem of students undergoing high and low discipline practices.
- 2) There is significant difference between self esteem of boys and girls.

### 5.13 EDUCATIONAL IMPLICATIONS

- 1) The findings of the study indicate that there are many discipline practices still going on in school. According to RTE, any kind of discipline practices are banned. Therefore, there is a need to adopt alternative ways for making the students' discipline.
- 2) It can also be seen that most of the discipline practices used by the teachers is for the improvement of students in academic area. This reason behind this may be high teacher taught ratio. To eliminate use of discipline practices in

classroom, it is must that the teacher taught ratio should be decreased as mentioned in RTE.

- 3) Many teachers are there in schools who do not know alternative ways to discipline students other than corporal means. Hence, it is must that proper training should be provided to teachers by the MHRD.
- 4) Some students are present in schools having psychological disorders. They do not know what is right and what is wrong? Hence, it is must for the schools to involve a counselor for such students.
- 5) Today every teacher is trying to implement constructivism in class. But if the classroom environment is not friendly then it becomes very difficult for any student to think freely. Hence, it is must for the government to take some action regarding this issue.

#### 5.14 SUGGESTIONS FOR FURTHER STUDY

- 1) The present study can be further extended by taking a larger sample to obtain greater reliability of results.
- 2) Comparative studies may be taken with rural and urban students.
- 3) Quantitative analysis may be done for opinions of teachers and students.
- 4) Study on Impact of punishment on academic can be seen.
- 5) Study can be conducted on Influence of discipline practices on drop outs.