

CHAPTER II

REVIEW OF RELATED LITERATURE

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“The literature in any field forms the foundations upon which all future work will be built.”

-Water R. Borg

The review of related literature is the one of the most important steps in the research design. A review of the related literature gives the investigation an understanding of the previous work that has been done. It develops in the investigator an insight he needs to convert his tentative research problem to a specific and concise one. It provides the investigator, with an opportunity for understanding the methods, measures, subjects and approaches employed by others. This in turn will lead to significant improvement of his research design.

A perusal of literature provides us with an insight into the various complexities, perspectives and creative concepts in a field in which the study may be undertaken. It leads to establish cause and effect and helps us to analysis various inputs and places them in structural order. This helps to establish certain Hurst Lines, basis so that important conclusion can be drawn there from, where in involves suggestions and areas for further investigations, study and analysis and if needed a hypothesis established. A review of literature also indicates areas of scout information and helps to eliminate duplication. All this lead to involving a frame work for which ideas take shape and propel us towards the innovation. The knowledge of related literature not only helps to make aware of the pit falls that have been experienced by the reviewer but it widens the investigator outlook, knowledge, insight and experience with regard to the subject. A review of literature means view of the problems undertaken by his own contribution,

towards increasing the pre active with its objective before starting his investigation.

2.1 VARIOUS SOURCES OF INFORMATION:

2.1.1 Primary Source:

In primary sources of information, the author reports his own work directly. In the field of education the primary sources of information are available in the form of educational literature of following types:

- Educational Journals

- Research articles, book, monographs, dissertations or thesis

- Govt. Publications, year book and bulletins.

2.1.2 Secondary Sources:

Author compiles and summaries the finding of work done by other and gives

researcher to know about the tools and instruments which proved to be useful and promising in the previous studies. The advantage of the related literature is also to provide insight into the statistical methods through which validity of results is to be established.

2.2 Summary of the Related Studies

After reviewing the various researcher studies the following conclusion can be drawn:

(1) That mental health is very significant variable in human behaviour.

(2) That mental health of a person has something to do with his success in various life pursuits.

(3) That mental health is related to many other psychological variables such as academic achievement, self confidence and social competencies etc.

Moreover, a significant conclusion which may be drawn from research studies in the field of mental health and variables like emotional maturity and family environment remains to be firmly established. Therefore it was planned that the present study should be undertaken.