

***STUDY THE MENTAL HEALTH ON ADOLESCENT
GIRLS RELATED TO THEIR SOCIO-ECONOMIC
BACKGROUND***



DISSERTATION

Barkatullah University, Bhopal

**For the partial fulfilment of the requirement
for the Degree of Master of Education (RIE)**

2018-2020

Supervisor-

**Prof. Ratnamala Arya
Head, Department of Education
RIE, Bhopal**

Research Scholar-

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M.Ed. (RIE, Bhopal)**

Regional Institute of Education, Bhopal (M.P.)

***National Council of Educational Research and Training
(NCERT) Shyamla Hills, Bhopal (M.P.)***

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DECLARATION

I declare that the dissertation entitled "*STUDY THE MENTAL HEALTH OF ADOLESCENT GIRLS RELATED TO THEIR SOCIO-ECONOMIC BACKGROUND*" for the partial fulfilment of M.Ed. degree, is my own effort under the inspirational guidance of *Prof. RATNAMALA ARYA*, Head, Department of Education, Regional Institute of Education, Bhopal (M.P.).

I further declare that to the best of my knowledge the dissertation does not contain any part of any work, which has been submitted for the award of any degree either in the University or in any other University/ Deemed University without proper citation.

Date: 08/10/20



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CERTIFICATE

This is to certify that the research work *entitled* “*STUDY THE MENTAL HEALTH OF ADOLESCENT GIRLS RELATED TO THEIR SOCIO-ECONOMIC BACKGROUND*” has been successfully completed by *JEEVIKA UPWAR* for the partial fulfilment of the degree of *MASTERS IN EDUCATION* in Regional Institute of Education, Bhopal (M.P.) under my guidance supervision for the session 2018-2020.

To the best of my knowledge and belief, the dissertation embodies the work of the candidate herself and has duly been done. In my opinion the dissertation is up to the expected standard and the work will serve a useful purpose in the respective field. I wish her success in future endeavours.

BHOPAL

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ABSTRACT

The purposes of this dissertation are threefold: first, to examine a model of how socioeconomic status, parenting, adolescents' academic achievement, and adolescents' self esteem might be causally related; second, to examine the affect of family background in adolescent girls; and third, to determine whether family income, paternal and maternal education, and paternal and maternal occupational prestige make unique contributions to punitive parenting, adolescents' academic achievement, and self-esteem. Structural equation results showed that socioeconomic status has a significant and positive effect on parenting and on adolescents' academic achievement, which, in turn, affect adolescent self-esteem. Multiple regression results found a significant effect of parental education on adolescents' academic achievement. Possible future research directions and implications are discussed. This leads to mental health of adolescent girls to problems. The present study is an attempt to investigate the mental health of adolescent girl in relation to their socio-economic background and family background . The aim of present study was to identify the mental health of adolescent girls.